



## SCS for the Viscera

## Prerequisite: SCS I or SCS II

SCS VC participants will learn approximately 65, newly developed techniques that alleviate abnormal soft tissue tension in the peritoneal cavity, pelvic cavity, thorax, visceral vascular system and associated fascia. These techniques will address viscerospasm, and hypertonicity of the visceral ligaments and vasculature which are responsible for many common complaints such as cervical pain, lumbar pain, sciatica, medio-scapular pain, and irritable bowel syndrome, gerd and more. Newly published research regarding the sensory and contractile properties of fascia and fascial proprioceptors will be reviewed as a physiological rationale.

### **Outline:**

- *Origin of Visceral SCS*
- *Overview of Visceral Anatomy*
- *Research regarding the sensory and contractile properties of fascia*
- *Clinical Applications of Visceral SCS*
- *SCS techniques for the pleural dome, thoracic viscera, upper abdominal viscera, lower abdominal viscera, pelvic viscera, arteries to the viscera and associated fascial tissues.*

### **Goals/Objectives:**

- *Improve knowledge of visceral anatomy*
- *Improve knowledge of the visceral vascular system*
- *Learn to recognize visceral dysfunction in the body*
- *Gain proficiency in the treatment of visceral dysfunction utilizing newly developed Strain and Counterstrain techniques*

### **Course Schedule:**

Day One:	Day Two:	Day Three:
8:00 - 8:30 Registration	8:00 - 10:15 Upper Abdominal Dysfunction	8:00 - 10:30 Abdominal Sphincters /Valves
8:30 - 10:00 Intro/ Physiological Basis of Visceral SCS	10:15 - 10:30 Break	10:30 - 11:00 Visceral Arterial Lecture
10:00 - 10:15 Break	10:30 - 12:30 Mid-Abdominal Dysfunction	11:00 - 1:00 Thoracic /Upper Abdominal Viscero-Vascular Dysfunction
10:15 - 12:00 Clinical Applications of Visceral SCS / Anatomy Overview	12:30 - 1:30 Lunch	1:00 - 1:15 Break
12:00 - 1:00 Lunch	1:30 - 3:00 Lower Abdominal Dysfunction	1:15 - 2:45 Abdominal Viscero-Vascular Dysfunction
1:00 - 2:45 Surface Anatomy Demo / Lab	3:00 - 3:15 Break	2:45 - 3:00 Documentation / Wind Down Lecture
2:45 - 3:00 Break	3:15 - 5:00 Urogenital Dysfunction	
3:00 - 5:00 Cardiopulmonary Lecture / Lab		